



# DR CLAIRE STEVENS

## VETERINARIAN

IF YOU'VE EVER TURNED TO SOCIAL MEDIA FOR ANIMAL ADVICE, YOU'VE LIKELY BENEFITED FROM THE WISDOM OF DR CLAIRE STEVENS. THE MEDIA-FRIENDLY VET HAS HELPED SCORES OF AUSSIE PET OWNERS AS AN IN-DEMAND EXPERT ON TV, MAGAZINES AND SOCIAL MEDIA AS WELL AS THE AUTHOR OF A POPULAR BOOK.

Dr Claire's qualifications include a Bachelor of Veterinary Science from the University of Queensland, a Certificate of Veterinary Public Health from the University of Sydney and a Master Certificate in Business and Communication Skills. Dr Claire's warm, compassionate nature coupled with her ability to understand the array of challenges facing animal lovers has made her a trusted animal-care authority for pet lovers and peers alike.

Her extensive media experience includes regular appearances on Studio Ten and Sky News, as well as print interviews in publications such as Woman's Day magazine and the Herald Sun newspaper.

### THE HEALTH BENEFITS OF DOGS

Unconditional love. Devoted companionship. Constant entertainment. Most of us dog lovers know that life is better with a dog. But is that knowledge based on a feeling, or is there something else going on here? How do pets actually impact our bodies and brains? Dr Claire explores the science and soft side of the

human animal bond, explaining the ways pets make us healthier and happier – and how the animals benefit from this too!

### COPING WITH GRIEF AFTER LOSING A PET

Pet loss is often a grief dismissed by people who have not formed a deep bond with an animal. But for those of us who know the significance of this emotional connection, know the heartache that comes when they pass. Dr Claire discusses why we need to take grief over pet death seriously and ways families (both adults and children) can cope when their pet is dying or has passed. Dr Claire presents rituals and strategies that she's offered in bereavement counselling in veterinary practice for the last decade.

- CLAIRE IS AVAILABLE FOR:**
- Keynotes & Workshops
  - MC & Event Hosting
  - Panel Moderation & Participation
  - Consulting & Facilitation

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